

November 2026

MOUNT FOREST SPORTS COMPLEX

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1	2 YOUTH SHINNY - \$5 7:00 - 8:00 AM 11 YEARS OLD & YOUNGER OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	3	4 OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	5 55+ SHINNY - \$5 9:30 - 10:30 AM	6 YOUTH SHINNY - \$5 - 7:00 - 8:00 AM 12 YEARS OLD & OLDER OLDER ADULT SKATE 10 - 11 AM PARENT AND TOT SKATE - 11 - NOON ADAPTIVE SKATE - \$5 1:30 - 2:30 PM	7 FREE PUBLIC SKATING 12:00 - 1:30 PM SPONSORED BY MOUNT FOREST LIONS
8	9 YOUTH SHINNY - \$5 7:00 - 8:00 AM 11 YEARS OLD & YOUNGER OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	10	Remembrance Day  Lest We Forget	12 55+ SHINNY - \$5 9:30 - 10:30 AM	13 YOUTH SHINNY - \$5 - 7:00 - 8:00 AM 12 YEARS OLD & OLDER OLDER ADULT SKATE 10 - 11 AM PARENT AND TOT SKATE - 11 - NOON ADAPTIVE SKATE - \$5 1:30 - 2:30 PM	14 FREE PUBLIC SKATING 12:00 - 1:30 PM SPONSORED BY J.J. MCLELLAN & SONS PLUMBING AND HEATING
15	16 YOUTH SHINNY - \$5 7:00 - 8:00 AM 11 YEARS OLD & YOUNGER OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	17	18 OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	19 55+ SHINNY - \$5 9:30 - 10:30 AM	20 YOUTH SHINNY - \$5 - 7:00 - 8:00 AM 12 YEARS OLD & OLDER OLDER ADULT SKATE 10 - 11 AM PARENT AND TOT SKATE - 11 - NOON ADAPTIVE SKATE - \$5 1:30 - 2:30 PM	21 HOCKEY TOURNAMENT
22	23 YOUTH SHINNY - \$5 7:00 - 8:00 AM 11 YEARS OLD & YOUNGER OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	24	25 OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	26 55+ SHINNY - \$5 9:30 - 10:30 AM	27 YOUTH SHINNY - \$5 - 7 - 8 AM 12 YEARS OLD & OLDER OLDER ADULT SKATE 10 - 11 AM PARENT AND TOT SKATE - 11 - NOON FREE PUBLIC SKATING 12:00 - 1:30 PM SPONSORED BY ERIC COX SANITATION ADAPTIVE SKATE - \$5 1:30 - 2:30 PM	28 FREE PUBLIC SKATING 12:00 - 1:30 PM SPONSORED BY GNT SPORTS
29	30 YOUTH SHINNY - \$5 7:00 - 8:00 AM 11 YEARS OLD & YOUNGER OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON			ALL SEASON LONG, OLDER ADULT SKATE AND PARENT AND TOT SKATE WILL BE FREE THANKS TO THE GENEROUS SUPPORT OF:		