

October 2026

MOUNT FOREST SPORTS COMPLEX

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



ALL SEASON LONG, OLDER ADULT
SKATE AND PARENT AND TOT
SKATE WILL BE FREE THANKS TO
THE GENEROUS SUPPORT OF:



1

2

OLDER ADULT SKATE
10:00 - 11:00 AM
PARENT AND TOT SKATE
11:00 - NOON

3

FREE PUBLIC SKATING
12:00 - 1:30 PM
SPONSORED BY
THE BIZBULL

4

5

OLDER ADULT SKATE
10:00 - 11:00 AM
PARENT AND TOT SKATE
11:00 - NOON

6

7

OLDER ADULT SKATE
10:00 - 11:00 AM
PARENT AND TOT SKATE
11:00 - NOON

8

9

OLDER ADULT SKATE
10:00 - 11:00 AM
PARENT AND TOT SKATE
11:00 - NOON

10

FREE PUBLIC SKATING
12:00 - 1:30 PM
SPONSORED BY
WELLINGTON PRODUCE
PACKAGING

11

12



13

14

OLDER ADULT SKATE
10:00 - 11:00 AM
PARENT AND TOT SKATE
11:00 - NOON

15

55+ SHINNY - \$5
9:30 - 10:30 AM
ADAPTIVE SKATE - \$5
11:00 - NOON

16

YOUTH SHINNY - \$5
7:00 - 8:00 AM
12 YEARS OLD & OLDER
OLDER ADULT SKATE
10:00 - 11:00 AM
PARENT AND TOT SKATE
11:00 - NOON

17

FREE PUBLIC SKATING
12:00 - 1:30 PM
SPONSORED BY
J.J. MCLELLAN AND SONS
PLUMBING AND HEATING

18

19

YOUTH SHINNY - \$5
7:00 - 8:00 AM
11 YEARS OLD & YOUNGER
OLDER ADULT SKATE
10:00 - 11:00 AM
PARENT AND TOT SKATE
11:00 - NOON

20

21

OLDER ADULT SKATE
10:00 - 11:00 AM
PARENT AND TOT SKATE
11:00 - NOON

22

55+ SHINNY - \$5
9:30 - 10:30 AM
ADAPTIVE SKATE - \$5
11:00 - NOON

23

YOUTH SHINNY - \$5
7:00 - 8:00 AM
12 YEARS OLD & OLDER
OLDER ADULT SKATE
10:00 - 11:00 AM
PARENT AND TOT SKATE
11:00 - NOON

24

FREE PUBLIC SKATING
12:00 - 1:30 PM
SPONSORED BY
ERIC COX SANITATION
EQUIPMENT & SUPPLIES

25

26

YOUTH SHINNY - \$5
7:00 - 8:00 AM
11 YEARS OLD & YOUNGER
OLDER ADULT SKATE
10:00 - 11:00 AM
PARENT AND TOT SKATE
11:00 - NOON
FREE PUBLIC SKATING
12:00 - 1:30 PM
SPONSORED BY J.J. MCLELLAN
& SONS PLUMBING & HEATING

27

28

OLDER ADULT SKATE
10:00 - 11:00 AM
PARENT AND TOT SKATE
11:00 - NOON

29

55+ SHINNY - \$5
9:30 - 10:30 AM
ADAPTIVE SKATE - \$5
11:00 - NOON

30

YOUTH SHINNY - \$5
7:00 - 8:00 AM
12 YEARS OLD & OLDER
OLDER ADULT SKATE
10:00 - 11:00 AM
PARENT AND TOT SKATE
11:00 - NOON

31

Happy Halloween
FREE PUBLIC SKATING
12:00 - 1:30 PM
SPONSORED BY
WELLINGTON PRODUCE
PACKAGING