

# MOUNT FOREST SPORTS COMPLEX

# November 2025

| Sunday                                                                            | Monday                                                                                                                                                                  | Tuesday                                                                                                            | Wednesday                                                                                             | Thursday                                                                            | Friday                                                                                                                                                                                                | Saturday                                                                                                                                    |
|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
|  |                                                                                        | ALL SEASON LONG, OLDER ADULT SKATE AND PARENT AND TOT SKATE WILL BE FREE THANKS TO THE GENEROUS SUPPORT OF:        |                    |  |                                                                                                                    | <b>1 FREE PUBLIC SKATING</b><br>12:00 - 1:30 PM<br>SPONSORED BY<br>THE EGREMONT OPTIMIST CLUB                                               |
| 2                                                                                 | <b>3</b> YOUTH SHINNY - \$5<br>6:30 - 7:30 AM<br>- 12 YEARS AND YOUNGER<br><b>OLDER ADULT SKATE</b><br>10:00 - 11:00 AM<br><b>PARENT AND TOT SKATE</b><br>11:00 - NOON  | <b>4</b> YOUTH SHINNY - \$5<br>6:30 - 7:30 AM<br>AGES - 13+ YEARS OLD                                              | <b>5</b> <b>OLDER ADULT SKATE</b><br>10:00 - 11:00 AM<br><b>PARENT AND TOT SKATE</b><br>11:00 - NOON  | 6                                                                                   | <b>7</b> <b>OLDER ADULT SKATE</b><br>10:00 - 11:00 AM<br><b>PARENT AND TOT SKATE</b><br>11:00 - NOON                                                                                                  | <b>8</b><br>NO PUBLIC SKATE TODAY<br>DUE TO A TOURNAMENT                                                                                    |
| 9                                                                                 | <b>10</b> YOUTH SHINNY - \$5<br>6:30 - 7:30 AM<br>- 12 YEARS AND YOUNGER<br><b>OLDER ADULT SKATE</b><br>10:00 - 11:00 AM<br><b>PARENT AND TOT SKATE</b><br>11:00 - NOON | <b>11</b> Remembrance Day<br> | <b>12</b> <b>OLDER ADULT SKATE</b><br>10:00 - 11:00 AM<br><b>PARENT AND TOT SKATE</b><br>11:00 - NOON | 13                                                                                  | <b>14</b> <b>OLDER ADULT SKATE</b><br>10:00 - 11:00 AM<br><b>PARENT AND TOT SKATE</b><br>11:00 - NOON                                                                                                 | <b>15</b> <b>FREE PUBLIC SKATING</b><br>12:00 - 1:30 PM<br>SPONSORED BY<br>MARCC APPAREL                                                    |
| 16                                                                                | <b>17</b> YOUTH SHINNY - \$5<br>6:30 - 7:30 AM<br>- 12 YEARS AND YOUNGER<br><b>OLDER ADULT SKATE</b><br>10:00 - 11:00 AM<br><b>PARENT AND TOT SKATE</b><br>11:00 - NOON | <b>18</b> YOUTH SHINNY - \$5<br>6:30 - 7:30 AM<br>AGES - 13+ YEARS OLD                                             | <b>19</b> <b>OLDER ADULT SKATE</b><br>10:00 - 11:00 AM<br><b>PARENT AND TOT SKATE</b><br>11:00 - NOON | 20                                                                                  | <b>21</b> <b>OLDER ADULT SKATE</b><br>10:00 - 11:00 AM<br><b>PARENT AND TOT SKATE</b><br>11:00 - NOON                                                                                                 | <b>22</b> <b>FREE PUBLIC SKATING</b><br>12:00 - 1:30 PM<br>SPONSORED BY<br>CO-OPERATORS - JANZEN<br>INSURANCE AND FINANCIAL<br>SERVICES LTD |
| <b>23</b><br>30                                                                   | <b>24</b> YOUTH SHINNY - \$5<br>6:30 - 7:30 AM<br>- 12 YEARS AND YOUNGER<br><b>OLDER ADULT SKATE</b><br>10:00 - 11:00 AM<br><b>PARENT AND TOT SKATE</b><br>11:00 - NOON | <b>25</b><br>NO SHINNY TODAY DUE TO<br>A PREVIOUS BOOKING                                                          | <b>26</b> <b>OLDER ADULT SKATE</b><br>10:00 - 11:00 AM<br><b>PARENT AND TOT SKATE</b><br>11:00 - NOON | 27                                                                                  | <b>28</b> <b>OLDER ADULT SKATE</b><br>10:00 - 11:00 AM<br><b>PARENT AND TOT SKATE</b><br>11:00 - NOON<br><b>FREE PUBLIC SKATING</b><br>12:00 - 1:30 PM<br>SPONSORED BY<br>THE MOUNT FOREST GREEN TEAM | <b>29</b> <b>FREE PUBLIC SKATING</b><br>12:00 - 1:30 PM<br>SPONSORED BY<br>TRITON ENGINEERING<br>SERVICES LIMITED                           |