

MOUNT FOREST SPORTS COMPLEX

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	ALL SEASON LONG, OLDER ADULT SKATE AND PARENT AND TOT SKATE WILL BE FREE THANKS TO THE GENEROUS SUPPORT OF:		1 OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	2 YOUTH SHINNY - \$5 6:30 - 7:30 AM AGES - 13 + YEARS OLD	3 OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	4 FREE PUBLIC SKATING 12:00 - 1:30 PM SPONSORED BY B.M.ROSS AND ASSOCIATES LTD.
5	6 YOUTH SHINNY - \$5 6:30 - 7:30 AM AGES - 10 - 12 YEARS OLD OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	7 YOUTH SHINNY - \$5 6:30 - 7:30 AM AGES - 7 - 9 YEARS OLD	8 OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	9 YOUTH SHINNY - \$5 6:30 - 7:30 AM AGES - 13 + YEARS OLD	10 OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	11 FREE PUBLIC SKATING 12:00 - 1:30 PM SPONSORED BY WELLINGTON PRODUCE PACKAGING LTD.
12		14 YOUTH SHINNY - \$5 6:30 - 7:30 AM AGES - 7 - 9 YEARS OLD	15 OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	16 YOUTH SHINNY - \$5 6:30 - 7:30 AM AGES - 13 + YEARS OLD	17 OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	18 FREE PUBLIC SKATING 12:00 - 1:30 PM SPONSORED BY EGREMONT OPTIMIST CLUB
19	20 YOUTH SHINNY - \$5 6:30 - 7:30 AM AGES - 10 - 12 YEARS OLD OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	21 YOUTH SHINNY - \$5 6:30 - 7:30 AM AGES - 7 - 9 YEARS OLD	22 OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	23 YOUTH SHINNY - \$5 6:30 - 7:30 AM AGES - 13 + YEARS OLD	24 OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON FREE PUBLIC SKATING 12:00 - 1:30PM SPONSORED BY THE MOUNT FOREST LIONS CLUB	25 FREE PUBLIC SKATING 12:00 - 1:30 PM SPONSORED BY OSSTF DISTRICT 18 ESSP/ECE
26	27 YOUTH SHINNY - \$5 6:30 - 7:30 AM AGES - 10 - 12 YEARS OLD OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	28 YOUTH SHINNY - \$5 6:30 - 7:30 AM AGES - 7 - 9 YEARS OLD	29 OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON	30 YOUTH SHINNY - \$5 6:30 - 7:30 AM AGES - 13 + YEARS OLD	31 OLDER ADULT SKATE 10:00 - 11:00 AM PARENT AND TOT SKATE 11:00 - NOON HAPPY HALLOWEEN ARENA CLOSSES AT 4PM TODAY	