

# Save lives this fall

We know things are different now. One thing however hasn't changed — the need for donors remains constant and we need your support.

## Donate Blood

### Mount Forest Recreation Complex

850 Princess St, Mount Forest

Tuesday, October 4

3:00 p.m. to 8:00 p.m.

Book on [blood.ca](http://blood.ca) or call 1-888-2DONATE

Appointments only please

*Appointments required.*

For small group bookings, email [courtney.thompson@blood.ca](mailto:courtney.thompson@blood.ca)



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